### 1. Events

#### **Event Details**

# **Healthy Mobilities?**

Scientifique

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#### Conférence

Start date: 29 November 2018 10:00 Date de fin: 2 December 2018 18:00

Where: Guangzhou

Hosted by: Sun Yat-Sen University

#### Information sources:

13th Cosmobilities Conference

Invitation and Call for Papers

The relations between mobilities and health have been considered to be a central feature of today's global society (Gatrell, 2011). Too much movement has often been attributed to various illnesses including bodily disruptions such as seasickness and jet-lag as well as mental ill-health such as homesickness, phobias. However, travel is also seen as being 'good for the soul', part of quasi -spiritual quests to become more healthy in mind and body. Such human mobilities require healthy environments which are sustainable and resilient. Healthy mobilities need to be major goals for policies aiming at sustainable and liveable cities and environments. Following the success of the previous Cosmobilities Conference on Sharing Mobilities, we would like this 13th Cosmobilities Conference to focus on the plethora of healthy and unhealthy aspects and relations of mobilities. Hence, we would encourage interested researchers to submit abstracts for consideration by 30th April 2018 on the following themes:

Healthy environments, sustainability and resilience

Mental health and mobility disruptions

Hospitality and wellness tourism and travel

Healthy/unhealthy food mobilities

Lifestyle mobilities and the care of the self

Health practices of walking, running, swimming

Mobile embodiment of sickness and phobias

Mobile social work practices

Health relations with non-human mobilities

Medicalisation and mobilities of health care

'Smart' health technologies and mobilities

Mobilities and care in later life

Disease and immobilities

Human trafficking and health

Human health machine assemblage

Waste mobilities

Positive aging and mobilities

Health, mobilities and urban planning

## **Movement**

Movement is the crossing of space by people, objects, capital, ideas and other information. It is either oriented, and therefore occurs between an origin and one or more destinations, or it is more akin to the idea of simply wandering, with no real origin or destination.

En savoir plus x

# **Mobility**

For the Mobile Lives Forum, mobility is understood as the process of how individuals travel across distances in order to deploy through time and space the activities that make up their lifestyles. These travel practices are embedded in socio-technical systems, produced by transport and communication industries and techniques, and by normative discourses on these practices, with considerable social, environmental and spatial impacts.

En savoir plus x

## Lifestyle

A lifestyle is a composition of daily activities and experiences that give sense and meaning to the life of a person or a group in time and space.

En savoir plus x

#### **Practical informations:**

Venue: Guangzhou is the third largest metropolitan city in China and is easily accessible globally. Sun Yat-sen University is one of the leading research universities in China.

Activities: A one day field trip will be arranged during the conference to experience varies mobilities in and around Guangzhou.

Email: conference@cosmobilities.net